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With the Logo:



# II CONGRESSO NAZIONALE Sleep Apnea & Sleep Disorders 2023

**14 SEPTEMBER**

WEBINAR MODE NON CME

**15-16 SEPTEMBER**

CME CREDITS AND AAI MEMBERS ROOM NON CME

**BARI**

**THE NICOLAUS HOTEL**

VIA CARDINALE AGOSTINO CIASCA, 27

PROGRAM

**Sleep Apnea & Sleep Disorders** after the first edition in Rome in 2022, returns with the second edition and moves to the beautiful city of Bari, from 14 to 16 September 2023, three days of training and information with an international flavour.

The first of the three days (14 September) is dedicated to institutional round tables in webinar mode non CME; the second and third days (15 and 16 September) will be dedicated to residential CME training. In addition, on the third day (16 September), a separate room will be set up for the participation of AAI members in residential mode non CME.

Obstructive Sleep Apnea is a pathology with a high social and epidemiological impact that involves about 4.5 million patients in Italy (with moderate to severe), of whom only 5% are diagnosed and undergoing treatment. In order to improve this figure, there are many initiatives to be launched: correct information, multi-disciplinary training, the creation and implementation of regional PDTAs, the strengthening of diagnosis and therapy on the territory, and lastly the importance of redesigning and involving all stakeholders in the tender specifications for medical devices. However, we must not forget the numerous comorbidities that patients develop and can coexist with OSA, such as COPD, severe asthma, insomnia, excessive daytime sleepiness, nasal polyposis, and comorbidities also with rare diseases. The conference represents a unique opportunity to discuss all these topics with some of the leading national and international specialists and representatives of the Respiratory Disease Patient Associations.

*President of the Congress  
Luca Roberti*

*Congress Scientific Committee  
Luigi Ferini Strambi, Giuseppe Insalaco*

## FACULTY

**Maria ALIANI** (Chief c/o Pneumology Division ICS Maugeri - BARI)

**Simona BARBAGLIA** (President of the National Association of Patients "Respiriamo Insieme" - MILAN)

**Alberto BRAGHIROLI** (Coordinator of the Sleep Medicine Centre, Humanitas Mater Domini - VARESE)

**Mauro CARONE** (AIPO President, Director IRCCS Maugeri of Bari, Director Maugeri Rehabilitation Medical Centre of Marina di Ginosa - BARI)

**Giovanna Elisiana CARPAGNANO** (Full Professor of Diseases of the Respiratory System, Policlinic of Bari - BARI)

**Carmelo CAUSARANO** (AAI Board Member, Occupational Physician - ROME)

**Fabio CIRIGNOTTA** (Neurologist - BOLOGNA)

**Peter CISTULLI** (Professor of Sleep Medicine, University of Sydney and Royal North Shore Hospital - SYDNEY, AUSTRALIA)

**Fabrizio DAL FARRA** (Head of Pneumological Service Azienda Sanitaria dell'Alto Adige, Head of RS Study Group - BOLZANO)

**Ida DI GIACINTO** (Director UOC Anaesthesia and Resuscitation, Mazzoni Hospital - ASCOLI)

**Valentina DI LECCE** (Medical Executive Head of the DRS Centre, Policlinico di Bari - BARI)

**Danny ECKERT** (Director of the Adelaide Institute for Sleep Health - ADELAIDE)

**Refika ERSU** (Associate Professor Ottawa University and Director DRS Centre Children Hospital Eastern Ontario - OTTAWA)

**Francesco FANFULLA** (AIMS National President, Responsabile Sleep Centre ICS Maugeri - PAVIA)

**Laura Rosa FENU DI** (LEGAL PHYSICIAN - ROME)

**Luigi FERINI STRAMBI** (Head of the Centre for Sleep Medicine San Raffaele Hospital - Milan, Professor of Neurology Vita-Salute University - MILAN)

**Sebastian FERRI** (Pneumologist Humanitas Medical Care - MILAN)

**Giuseppe FIORENTINO** (Medical Director, Ospedali Dei Colli - NAPLES)

**Antonio GAUDIOSO** (Health Policy Expert - ROME)

**Giovanni GORGONI** (Director General Strategic and Social Regional Agency Puglia - BARI)

**Enrico HEFFLER** (Associate Professor of Internal Medicine Humanitas Univ. - Centre for Personalised Medicine: Asthma and Allergology - MILAN)

**Giuseppe INSALACO** (Head of the Centre for the Diagnosis and Treatment of Respiratory Sleep Disorders, IFT-CNR - PALERMO)

**Rosa IOREN NAPOLI** (President FIMARP - ROME)

**Donato LACEDONIA** (Associate Professor of Pneumology University of Foggia - Director UOS Plesso D'Avanzo Hospital - FOGGIA)

**Andrea LANZA** (President ARIR - Respiratory Physiotherapist Niguarda Hospital - MILAN)

**Mariangela LINATI** (Director FF S.C. Prosthetics and Integrative Care ASST Niguarda Metropolitan Hospital - MILAN)

**Anna LO BUE** (Child Neuropsychiatrist, IFT-CNR - PALERMO)

**Marco MANTERO** (Director of the School of Diseases of the Respiratory System, Head of the SIP/IRS Study Centre, UNIMI - MILAN)

**Chiara MARINACCI** (Head of Research, Innovation, Knowledge Transfer and Humanisation Area, Lazio Region - ROME)

**Filippo MARTONE** (Dentist and President of the Association ACSI Amici Contro la Sarcoidosi Italia ETS - BOLOGNA)

**Trifone MASTROGIACOMO** (Vice President DRS AAI - BARI)

**Maria Elisa MESSINA** (Vice President DS AAI - PALERMO)

**Elisa MORRONE** (Psychologist, Humanitas Mater Domini - VARESE)

**Pierluigi PAGGIARO** (Full Professor of Diseases of the Respiratory System, University of Pisa - PISA)

**Paolo PELIZZA** (Forensic Physician, Director of the Intercompany Department of Forensic Medicine ASST, Spedali Civili - BRESCIA)

**Teresa PETRANGOLINI** (Director Patient Advocacy Lab - ALTEMS - ROME)

**Pierpaolo PROSPERI** (Respiratory Physiopathology Technician ASL Pescara - PESCARA)

**Luca ROBERTI** (President AAI - ROME)

**Luciano ROMEO** (Occupational Physician, former Associate Professor of Occupational Medicine University of Verona - VERONA)

**Andrea ROMIGI** (Neurologist, Head of the Neuromed Sleep Centre - POZZILLI)

**Roberto SABATO** (Pneumologist, Head of Sleep Centre, Plesso D'Avanzo Hospital - FOGGIA)

**Andrea SABBADINI** (Director of the Central Purchasing Department, Lazio Region - ROME)

**Fabrizio SALAMANCA** (Otolaryngologist, Reference Centre for Diagnosis and Treatment of Roncopathy, Humanitas San Pio X Hospital - MILAN)

**Adriana SALVAGGIO** (Pneumologist, IFT Centre - CNR - PALERMO)

**Mariantonietta SAVARESE** (Director FF UOC Neurology University 'FM Puca' - BARI)

**Sophia SCHIZA** (Associate Professor of Respiratory Diseases, University of Crete - HERAKLION)

**Matteo SICILIANO** (Pneumologist, PhD Fellow, Policlinico Gemelli - ROME)

**Pier Raffaele SPENA** (President FAIS ODV - MILAN)

**Colin Edward SULLIVAN** (Professor, nasal CPAP Inventor - Chair of the Research Committee in the Department of Medicine at the University of Sydney and a Consultant Physician with the Children's Hospital at Westmead and the Sydney Children's Hospital in Randwick)

**Patrizia SUPPRESSA** (Head of UOS Rare Diseases Center, Policlinico di Bari - BARI)

**Valeria TADDEO** (Treasurer and Councillor AAI - BENEVENTO)

**Ugo TRAMA** (Head of U.O.D. 06 Pharmaceutical Policy and Devices, Campania Region - NAPLES)

**Claudio VICINI** (Director of Otolaryngology, G.B. Morgagni L. Pierantoni Hospital - FORLI)

**Francesco Saverio VIOLANTE** (Director of the Department of Medical and Surgical Sciences and School of Occupational Medicine - BOLOGNA)



# 14 SEPTEMBER 2023

WEBINAR MODE NON CME

## **1<sup>ST</sup> SESSION** PATIENT PARTICIPATION IN HEALTHCARE: DIAGNOSTIC AND THERAPEUTIC PATHWAYS AND REGIONAL PURCHASING TENDERS FOR MEDICAL DEVICES

*Chairs: Antonio Gaudio, Teresa Petrangolini*

### **11:00 Round Table**

*Speakers: Giovanni Gorgoni, Mariangela Linati, Chiara Marinacci, Luca Roberti, Andrea Sabbadini, Pier Raffaele Spena, Ugo Trama*

### **12:15 Discussion**

## **2<sup>ND</sup> SESSION** CHRONIC RESPIRATORY DISEASES AND PATIENT CENTRICITY

*Chairs: Maria Elisa Messina*

### **16:00 Round Table**

*Speakers: Pierluigi Paggiaro, Simona, Barbaglia, Luca Roberti, Francesco Fanfulla, Rosa Ioren Napoli*

### **17:15 Discussion**

# 15 SEPTEMBER 2023

CME CREDITS

**13:00** Registration of participants

**14:00** Inauguration and greeting by the Authorities

## **1<sup>ST</sup> SESSION** OSA AND FUTURE PERSPECTIVES

*Chairs: Mauro Carone, Giovanna Elisiana Carpagnano*

### **14:30 The pulmonologist's point of view**

*Giuseppe Insalaco*

### **14:50 The neurologist's point of view**

*Andrea Romigi*

### **15:10 The odontostomatologist's point of view**

*Peter Cistulli*

### **15:30 The otolaryngologist's point of view**

*Fabrizio Salamanca*

### **15:50 Discussion**

**16:10** Coffee break

## **2<sup>ND</sup> SESSION** OSA: PRESENT AND FUTURE

*Chairs: Alberto Braghiroli, Luca Roberti*

### **16:25 The point on endotypes**

*Danny Eckert*

### **16:45 Present and future in paediatrics**

*Refika Ersu*

### **17:05 Present and future in adulthood**

*Sophia Schiza*

### **17:25 Discussion**

## **3<sup>RD</sup> SESSION** OSA, ELIGIBILITY FOR WORK AND DRIVING

*Chairs: Carmelo Causarano, Laura Rosa Fenudi, Trifone Mastrogiacomo*

### **17:40 Round Table**

*Speakers: Fabio Cirignotta, Francesco Fanfulla, Ministry of Health\*, Paolo Pelizza, Luca Roberti, Francesco Saverio Violante*

### **18:30 Discussion**

\*pending confirmation

# 16 SEPTEMBER 2023

CME CREDITS

## 4<sup>TH</sup> SESSION OSA: EFFECTS OF AGE AND GENDER

Chairs: *Maria Aliani, Andrea Lanza*

**9:00 OSA in paediatrics: which phenotypes**

*Anna Lo Bue*

**9:20 OSA in geriatrics**

*Fabrizio Dal Farra*

**9:40 OSA and gender medicine**

*Adriana Salvaggio*

**10:00 Which psychological approach according to age and gender**

*Elisa Morrone*

**10:20 Discussion**

**10:40** Coffee break

## 5<sup>TH</sup> SESSION OSA: ITS VARIABLES

Chairs: *Donato Lacedonia, Filippo Martone*

**10:55 SonnoAmico: a national project by ASSILT to do secondary prevention**

*Luciano Romeo*

**11:15 Sleep Breathing Disorders in neuromuscular diseases**

*Giuseppe Fiorentino*

**11:35 Not only sleepiness: insomnia**

*Luigi Ferini Strambi*

**11:55 Discussion**

**12:10** Lunch

NON CME SESSION with the unconditional contribution of BIOPROJET

**12.10 OSAS AND EXCESSIVE DAYTIME SLEEPINESS:  
HOW AND WHEN TO TREAT IT**

*Andrea Romigi*

NON CME READING

**12.30 1980-2023, THE HISTORY OF nCPAP**

*Colin E. Sullivan\**

NON CME SESSION with the unconditional contribution of DORSIA

**13.30 NEW THERAPEUTIC APPROACHES IN CHRONIC INSOMNIA**

*Mariantonietta Savarese*

## 6<sup>TH</sup> SESSION OSA AND COMORBIDITY

Chairs: *Marco Mantero, Pierpaolo Prosperi*

**14:00 The perioperative risk in OSA patients**

*Ida Di Giacinto*

**14:20 When OSA is associated with asthma**

*Alberto Braghiroli*

**14:40 When OSA is associated with COPD**

*Roberto Sabato*

**15:00 When OSA is associated with nasal polyposis**

*Enrico Heffler, Sebastian Ferri*

**15:20 OSA and sleepiness, what relationship**

*Giuseppe Insalaco*

**15:40** Coffee break

**15:55 The experience of the DRS Pneumology Centre at the Bari General Hospital**

*Valentina Di Lecce*

**16:10 Discussion**

## 7<sup>TH</sup> SESSION POSTER SESSION

Chairs: *Giuseppe Insalaco, Luigi Ferini Strambi, Matteo Siciliano*

**16:30 Presentation and awarding of the best posters**

Closing congress

# 16 SEPTEMBER 2023

AAI MEMBERS ROOM NON CME

Meeting with the **experts** 

Chairs: *Marisa Messina, Valeria Taddeo*

**15:00 - 18:00** *Alberto Braghiroli, Peter Cistulli, Andrea Lanza,  
Trifone Mastrogiacomo, Elisa Morrone, Pierpaolo Prosperi,  
Patrizia Suppressa, Claudio Vicini*



## GENERAL INFORMATION

### SCIENTIFIC SECRETARIAT



#### Italian Apnoic Association

Freephone: **800 14 14 35**

Email: [segreteria@apneedelsonno.it](mailto:segreteria@apneedelsonno.it)

[www.apneedelsonno.it](http://www.apneedelsonno.it)

### ORGANISATIONAL SECRETARIAT



#### Symposium srl

Via delle Tovaglie, 12 - 40124 Bologna

Telephone **+39 051 6448110**

[www.symposium-eventi.it](http://www.symposium-eventi.it)

### CONGRESS VENUE

#### The Nicolaus Hotel

Via Cardinale Agostino Ciasca, 27 - Bari

### PRESIDENT OF THE CONGRESS

**Luca Roberti**

### SCIENTIFIC RESPONSIBLES

**Prof. Luigi Ferini Strambi,**

**Dott. Giuseppe Insalaco**

### ECM TRAINING CREDITS

**Provider n. 5798 - Credits awarded 10**

**Event n. 389620**

The Conference has been accredited by the Ministry of Health in RESIDENTIAL mode for professional figures of all disciplines.

### TRAINING OBJECTIVE

Technical-professional content, knowledge and skills specific to each profession, each specialisation and each ultra-specific activity, including rare diseases and gender medicine.

### METHOD OF VERIFICATION

It should be noted that, for the purposes of acquiring training credits, effective attendance is required for 100% of the total duration of the proceedings and at least 75% of the correct answers to the learning assessment test.

### BEST ABSTRACTS PRIZE

A prize will be awarded for the three best abstracts with first author under 40. All topics related to the Congress programme will be considered. All abstracts submitted must be presented at the Congress in the form of a poster.

The Scientific Committee will select the three best papers and each author will be awarded a prize of 500 € net R.A./VAT.

The abstract form with all the necessary information will be sent to interested parties upon confirmation of the regularisation of the registration fee and must be submitted no later than 31 August 2023.

Please send to: [abstract@sasd.it](mailto:abstract@sasd.it)

### CONFERENCE REGISTRATION FEES

(vat 22% included)

#### Registration fees include:

- Participation in scientific sessions
- Conference materials
- Lunch and coffee breaks as per programme
- Acquisition of CME credits
- Certificate of attendance

### PAYMENT METHODS

Payment of the registration fee to the Symposium srl Organising Secretariat can be made online at the end of the registration form by:

- Bank transfer net of bank charges
- Credit/debit card

**TO REGISTER CLICK HERE**



### HOTEL BOOKINGS

For hotel bookings please contact

**Symposium srl**

[segreteria@symposium-eventi.it](mailto:segreteria@symposium-eventi.it)

Telephone **+39 051 6448110**

Upon receipt of the hotel reservation request, the Organising Secretariat will send a confirmation form of the available hotel with an indication of the cost and the relevant payment instructions.

REGISTRATION FEE	WITHIN 31/07	FROM 01/08
Physician/MD	120€	160€
Medical Resident, PhD student, Nurse, Physiotherapist, Research Fellow, Other Profession	85€	85€
AAI member physician	120€	160€
AAI member non physician	Free	Free

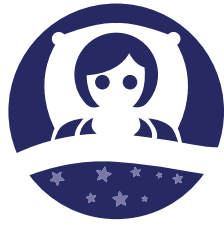
### CME CERTIFICATE

It will be sent to the e-mail address indicated on the form after verification.

### CERTIFICATE OF PARTICIPATION

At the end of the proceedings, the Organising Secretariat will deliver the Certificate of Participation in the Congress to the participants present.





II CONGRESSO NAZIONALE  
**Sleep Apnea &  
Sleep Disorders**



SCIENTIFIC SECRETARIAT

**Italian Apnoic Association**

Toll free number: **800 14 14 35**

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**SYMPOSIUM** EVENTI

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