



I° CONGRESSO NAZIONALE
**Sleep Apnea &
Sleep Disorders**

16 - 18 June 2022

Webinar e Congress
Hotel Cristoforo Colombo

ROME

REPORT



The 2022 S.A.S.D congress

On 16th and 18th June 2022 the 1st National Congress of Sleep Apnea & Sleep Disorders was held in hybrid mode (webinar and face-to-face) organized by the Italian Sleep Apnea patient Association with the aim of bringing together in a new format, Patients, Patients experts, Medical Specialists in both Pediatrics and Adult.

The congress was supervised by our Scientific Board and coordinated for the Pediatric scientific sessions by Prof. Paola Pirelli and the Adult session by Dr. Giuseppe Insalaco.

SASD brought interesting updates and procedures on Osa pathology and its comorbidities to the attention of the patients and learners who intervened.



WEBINAR
GIOVEDÌ 16 GIUGNO ORE 11.00

TAVOLA ROTONDA
**La nuova normativa dei dispositivi medici MDR 745/2017,
la dispositivo vigilanza ed il punto di vista dei pazienti**

SABATO 18 GIUGNO ORE 9.30

SYMPOSIUM CONVENTION CENTER (VIA CRISTOFORO COLOMBO 710)
**Giornata formativa sulle Apnee Ostruttive nel Sonno e Disturbi nel Sonno
per medici, sanitari, pazienti e popolazione interessata**

SALA OSA ADULTI (ECM 9 CREDITI)
SALA OSA PEDIATRICO (ECM 9,9 CREDITI)

SALA OSA PAZIENTI



Con il contributo non condizionato di:
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Webinar «Institutional round table» 16 Giugno

SASD's work began on June 16th, 2022 with a webinar on the new MDR 745/2017 Medical Device Regulation, the supervision provision and the patient's point of view.

With Dr. Giuseppe Insalaco we moderated this meeting with the participation of important panelists:

Prof. Americo Cicchetti (ALTEMS Director);

Dr. Fernanda Gellona (General Manager of Confindustria DM);

Dr. Roberta Marcoaldi (ON ISS);

Dr. Daniela Minella (Office 5 DIR GEN DMF Italian Minister of Health);

Silvia Stefanelli lawyer.

To see the recording : <https://youtu.be/YhngxYmW0jU>

1° CONGRESSO NAZIONALE Sleep Apnea & Sleep Disorders ROMA 2022

WEBINAR
GIOVEDÌ 16 GIUGNO ORE 11.00

Apriamo i lavori del 1° Congresso Nazionale Sleep Apnea & Sleep Disorders con questa tavola rotonda che vuole informare i cittadini e i pazienti sull'applicazione del nuovo regolamento per i dispositivi medici.

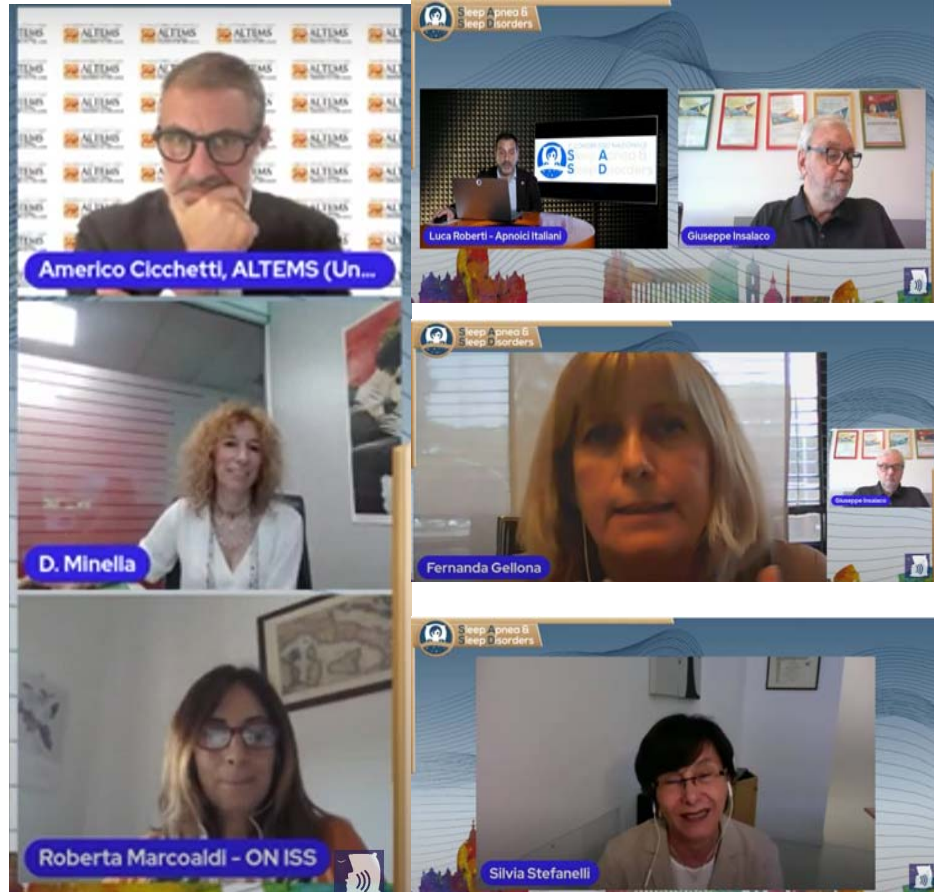
TAVOLA ROTONDA
La nuova normativa dei dispositivi medici MDR 745/2017, La dispositivo vigilanza ed il punto di vista dei pazienti

Moderatori: Luca Roberti (Presidente AAI), Giuseppe Insalaco (AIPO - CARI)

ne parliamo con:
Americo Cicchetti (Direttore di ALTEMS, Università Cattolica del Sacro Cuore)
Fernanda Gellona (Direttore Generale Confindustria Dispositivi Medici)
Lucia Lispi (Direttore Uff. 5 - Dir. Gen. dei Dispositivi Medici e del servizio Farmacologico Ministero della Salute)
Roberta Marcoaldi (Direttore Organismo Notificato - Istituto Superiore di Sanità)
Silvia Stefanelli (Studio legale Stefanelli-Stefanelli)

PER LA DIRETTA: www.youtube.com/c/Apnoicitaliani

SECRETARIA
Associazione Apnoici Italiani
Numero Verde 800 14 14 33
Email: organizzatori@apnoicitaliani.it
Web: www.apnoicitaliani.it





Patient Session

- In the room dedicated to patients, we started the first session with a presentation by the AAI Vice President Mr. Mastrogiacomo who presented the ongoing activities. We continued with Prof. Marisa Bonsignore with a report on CPAP therapy and dr. Pierpaolo Prosperi explained how the CPAP should be managed correctly. Mr. Filippo Martone talked to us about Non-CPAP therapies and Dr. Ida di Giacinto closed the first session talking to us about the anesthetic management of OSA patients.
- In the 2nd session, we brought together in a round table on the participation of associations in health, the Director of the PAL Teresa Petrangolini (Patient advocacy Lab of ALTEMS - Univ, Sacro Cuore), Lorenzo Latella (Cittadinanzattiva Campania), Maria Rosaria di Somma (Executive Italian Association for Cardiac Compensation) and Luca Roberti (AAI).
- In the 3rd session we talked about Sleep Disorders and comorbidities with Prof. Puligheddu who told us about EDS, Dr. Morrone reported on Insomnia and cognitive behavioral therapy and Prof. Ferini Strambi closed the session with a report on RLS.





ECM accredited session for doctors and nurses
for OSA adults/children

- In the rooms dedicated to ECM training for pediatric and adult medical specialists, the major national specialists and the specialists of the Lazio Region who have worked over the years in the subgroups for the drafting of the Regional Diagnostic Therapeutic Patchways.
- The reports highlighted the importance of the multi-disciplinary approach for the integrated management of patients, both in children and adults. Similar paths have as their common denominator the strengthening of the territorial clinics, the 1st level DRS Centers. The importance of involving the family Pediatrician and the General Practitioner also emerges as the first sentinel to identify patients early.
- We then listened, in the various reports, to the importance of phenotyping, the therapies available to specialists, the comorbidities related to the adult patient and the new possible drug therapies.





The Numbers

3 Rooms: Patients, Adult ECM and Pediatric ECM;

4 Webinars: transmitted on the Facebook page and on the YouTube channel with about 500 total views;

42 Faculties: among the leading Italian specialists in Obstructive Sleep Apnea and Sleep Disorders;

3 Round Tables;

140 Participants (Doctors, Nurses, Patients, Caregivers & expert Patients)

1 Sponsor & Coffee Break areas



Our thanks:



Media partner





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Sleep Disorders**

SAVE THE DATE

Bari –Septembers 15th & 16th 2023

Numero Verde
800 14 14 35
chiamata gratuita

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